



The Anglican Parish of Glenelg

*a vibrant, welcoming and inclusive community
growing in faith and love.*



FIFTH SUNDAY AFTER EPIPHANY

SUNDAY 4TH FEBRUARY 2024

WORSHIP THEME: COMING THROUGH CAPTIVITY TO HEALING

If you are visiting today, please see the welcome section on the back of this pew sheet

PRIEST'S MESSAGE

Soar by Ed Ostrom 2018

Waiting on You O Lord I realize
the joy of serene tranquility

Like an eagle in yon azure sky
I in joyous victory will soar.

Effortlessly floating here on high
a deep sense of sweet peace floods my soul,

Wondrously soar in confidence's way
looking past my pain to trace the rainbow.

Lord in waiting on You I pray
Help me like an eagle here now soar.



There is something captivating about the sight of an eagle soaring on updraughts. It seems so amazing that such a large creature can just float on the air so effortlessly with barely a flap of its wings and just minute adjustments to its primary feathers on its wing tips. It's hard to see such a sight and not find ourselves wishing we could fly in the same way – rising above our troubles and limitations in liberating freedom. The words from Isaiah promise us just that: - *“those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.”* (Isaiah 40:31)

Of course we can't physically do what the eagle does (unless perhaps we take up hang-gliding!) but we can feel that same uplifting of the spirit in the midst of our challenges. I wonder if that is how Simon Peter's mother-in-law felt when Jesus healed her? Jesus took her by the hand and lifted her up. Physically yes, but spiritually and emotionally too I assume. We are told that then she began to serve them. The Greek word for serving in this context *diakonos* (from which we get our word deacon) suggests more than just serving a cup of tea but rather it theologically implies serving Jesus through discipleship.

Lord, lift us up that we may soar through life and serve you. Amen.

WORSHIP RESOURCES FOR TODAY

Sentence

Those who wait for the Lord shall renew their strength,
they shall mount up with wings like eagles. **Isaiah 40:31**

Prayer of the Day

Saving God, whose Son, Jesus Christ, healed the sick and brought them wholeness of body and mind: inspire us, his disciples, so that we may constantly proclaim his gospel by our words and by the dedication and integrity of our lives; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

First Reading

Isaiah 40:21-31

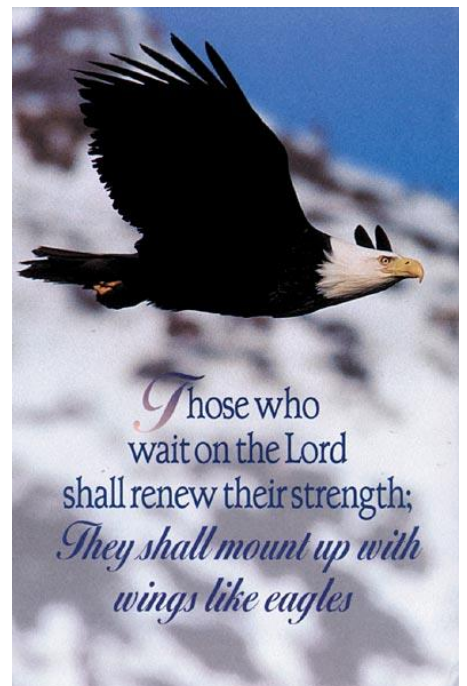
A reading from the book of Isaiah

Have you not known? Have you not heard?
Has it not been told you from the beginning?
Have you not understood from the foundations of the earth?
It is he who sits above the circle of the earth,
and its inhabitants are like grasshoppers;
who stretches out the heavens like a curtain,
and spreads them like a tent to live in;
who brings princes to naught,
and makes the rulers of the earth as nothing.

Scarcely are they planted, scarcely sown,
scarcely has their stem taken root in the earth,
when he blows upon them, and they wither,
and the tempest carries them off like stubble.

To whom then will you compare me,
or who is my equal? says the Holy One.
Lift up your eyes on high and see:
Who created these?
He who brings out their host and numbers them,
calling them all by name;
because he is great in strength,
mighty in power, not one is missing.

Why do you say, O Jacob, and speak, O Israel,
'My way is hidden from the Lord,
and my right is disregarded by my God'?



Have you not known? Have you not heard?
 The Lord is the everlasting God,
 the Creator of the ends of the earth.
 He does not faint or grow weary;
 his understanding is unsearchable.
 He gives power to the faint,
 and strengthens the powerless.
 Even youths will faint and be weary,
 and the young will fall exhausted;
 but those who wait for the Lord shall renew their strength,
 they shall mount up with wings like eagles,
 they shall run and not be weary,
 they shall walk and not faint.

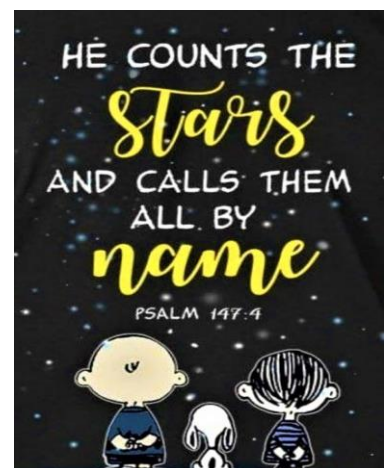


Hear the word of the Lord. **Thanks be to God.**

Psalm 147:1-7

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- 1 O praise the Lord, for it is good to sing praises to our God:
 and to praise him is joyful and right.
- 2 The Lord is rebuilding Jerusalem:
 he is gathering together the scattered outcasts of Israel.
- 3 He heals the broken in spirit:
 and binds up their wounds.
- 4 He counts the number of the stars:
 and calls them all by name.
- 5 Great is our Lord, and great is his power:
 there is no measuring his understanding.
- 6 The Lord restores the humble:
 but he brings down the wicked to the dust.
- 7 O sing to the Lord a song of thanksgiving:
 sing praises to our God upon the harp.



Second Reading

1 Corinthians 9:16-23

A reading from the first letter to the Corinthians

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe betide me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the

gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them.

To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, so that I might by any means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Hear the word of the Lord. **Thanks be to God.**

Gospel Acclamation

Alleluia! Alleluia!

I am the light of the world,
says the Lord,
Anyone who follows me
will have the light of life.

Alleluia!



Gospel

Mark 1.29-39

✠ The Gospel of our Lord Jesus Christ according to Mark

Glory to you Lord Jesus Christ

As soon as Jesus and his disciples left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

That evening, at sunset, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him.

In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, 'Everyone is searching for you.' He answered, 'Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do.' And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

For the Gospel of the Lord

Praise to you Lord Jesus Christ.

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Next Sundays' Readings

11th February: Last Sunday After Epiphany – God's Light Shines Forth

2 Kings 2:1–12 Psalm 50:1–6 2 Corinthians 4:3–6 Mark 9:2–9

PLEASE PRAY FOR THEM AND FOR OUR PARISH

Prayer requests for Sunday intercessions can be given to the clergy or Parish Office. Confidential prayers can also be offered by the clergy and a small prayer group.



Kingsley Oakley, Pat Donnelly, Melanie Lyons, Samuel, Di Besson, Peta, Pam & John Court, Geoff & Margaret Annells, Paula Medway
RIP Phil Brown (with prayers for Rosalie, Mandy and Dymphna)

PARISH CALENDAR



Sun 4th

7:45am Holy Communion at St Peter's
8:45am Holy Communion at St Martin's
10:00am Sung Family Eucharist at St Peter's
12noon Baptism at St Peter's

Tue 6th

10:30am Funeral Service for Phil Brown

Wed 7th

10:00am Playgroup in the community centre at St. Peter's

2:00pm Seniors Chair Fitness in the Community Centre

Thu 8th

10:00am Eucharist in St. Michael's Chapel at St. Peter's

Fri 9th

6:30pm Youth Group in the Community Centre

Sun 11th

7:45am Holy Communion at St Peter's
8:45am Holy Communion at St Martin's
10:00am Sung Eucharist & Baptism at St Peter's
12noon Baptism at St Peter's
1:00pm Baptism at St Martin's

Weds 14th

10:00am Playgroup in the community centre at St. Peter's

Thu 15th

10:00am Eucharist in St. Michael's Chapel at St. Peter's

Sat 17th

8:00am Men's Breakfast at Café Mediterranean

Sun 18th

7:45am Holy Communion at St Peter's
8:45am Holy Communion at St Martin's
10:00am Sung Family Eucharist at St Peter's

PARISH NOTICES

FOOD MINISTRY UPDATE

Thanks everyone for your continued support with our food ministry program. If you would like to donate any items the following always come in handy:

Tinned food/soup (especially cans with ring pulls), noodles and long life milk would be appreciated this week as well as the usual items. Many Thanks.

ST PETER'S YOUTH GROUP

For children 12 years and over. First gathering for 2024: **Friday, February 9, 6.30pm-8.30pm, Cost: \$5 BBQ dinner & getting to know you games at the St Peter's Anglican Church Community Centre.** RSVP attendance and any dietary requirements to tracey.gracey15@gmail.com by Monday 5/2/24

SHROVE TUESDAY PANCAKE DINNER – TUESDAY 13TH FEBRUARY

Tuesday 13th February will be our Shrove Tuesday at 5:45pm for 6:00pm start of dinner. BYO Drinks. Please sign up on the sheets at church and we also need 6-8 parishioners to make savoury toppings for the pancakes such as Bolognese, mornays, curries or other sauces. If you can help please indicate this on the Sheet.

ASH WEDNESDAY EUCHARIST – WEDNESDAY 14TH FEBRUARY

The season of Lent will start with a eucharist on Ash Wednesday at 7:00pm at St Peter's Church. All welcome.

GLENELG PARISH MEN'S GROUP BREAKFAST

Date: Saturday, February 17th, 2024 at 8:00am - 9.30am

Place: Mediterranean Cafe, cnr of Partridge and Broadway, Glenelg

Please RSVP by Thursday 15th to Rev Andrew or on the reply sheet at church.

LENT- THROUGH THE EYES OF PHOTO LANGUAGE

An opportunity to visually reflect on and discuss Sunday readings through photos and imagery. Please join Rev Tracey in the Parish Community Centre on one or all these evenings on **Thursday February 29, March 7, 14 & 21 from 7pm-8.15pm.**

LENTEN DAILY READING GUIDE – GOSPEL OF MARK

As in previous years (with Matthew and Luke) we will have a daily reading guide for the Gospel of Mark through Lent. If you would like to receive an emailed reflection on the passage for the day along with a prayer, please sign up on the sheet at church or email Rev Andrew.

FRINGE FESTIVAL RETURNS TO ST PETER'S

Once again, Andrew's band, What About Jeff? will perform two Fringe shows at St Peter's. The show is called "**15 Beatles Songs that Changed the World**" performing some iconic Beatles numbers and sharing the stories behind them. The shows are **8pm Sunday 25th February and 8pm Tuesday 27th February** at St Peter's Church. Information and tickets are available at Fringetix at this link.

<https://adelaidefringe.com.au/fringetix/15-beatles-songs-that-changed-the-world-af2024>

MOTHERS UNION COMMENCES IN FEBRUARY 2024

The next Mother's Union meeting will take place on **Monday 26th February at 1:30pm at St. Martin's**. All welcome.

GALS COMMENCES IN FEBRUARY 2024

The next GALS gathering will take place on **Tuesday 27th February at 2pm** in the community centre at St. Peters. All welcome.

LUNCHEON SAINT FRANCIS ANGLICAN CHURCH CLARENCE GARDENS

Invitation to join parishioners of Saint Francis Anglican Church, Clarence Gardens for a social event. **When:** Friday 16th February 2024, 11.30am for 12 noon.

Venue: Maid of Auckland, 926 South Rd, Edwardstown. We have booked a private room with table service. Most of our group order seniors' meals. Name tags please.

Guest Speaker: Andrew Hunt will provide an entertaining talk about his personal experiences and life skills. Please **RSVP** by 11th February to Malcolm Sweet by email: malcanne@bigpond.net.au or mob.0416 221 148

PALM CROSS WORKING BEES FOR ABM

ABM (Anglican Board of Mission) are encouraging parishioners from across the Diocese to participate in God's mission by helping to make the palm crosses for the churches of the diocese – many hands make light work and it is a wonderful experience to meet with and spend time with other Anglicans over a joint task– and knowing how to make a palm cross is a great life skill!

There will be 3 palm cross making working bees:

- Fri 23 Feb – Holy Innocents Belair, 1-3pm
- Sat 24 Feb – St Andrew's Walkerville, 10am-12 noon
- Sat 16 March - St Chad's Fullarton, 10am-12 noon

If you would like to know more, contact Meagan Schwarz, Key Relationships Manager, ABM. meagan.schwarz@abmission.org.au

REFLECTION - SIMON PETER'S MOTHER-IN-LAW



First woman to follow Jesus,
we know your famous son-in-law Simon Peter.
We wish we knew your name,
you whom Jesus took by the hand and lifted up.
May we find purpose as you did
in serving Jesus and his community of disciples.
Holy woman, full of grace as we are, pray for us.
Sustain us as faithful disciples who welcome all to our tables.

Pray for unknown women who serve. Those who built, and still build, our parishes, serve the funeral lunches, make homes and work multiple jobs. Name them. Honor them. - - - Whose willingness to serve inspires you?

WELCOME MESSAGE TO VISITORS TO ST PETER'S AND ST MARTIN'S

We aspire to be a *vibrant, welcoming and inclusive community growing in faith and love*. By growing in discipleship and sharing the Good News of Jesus Christ; Building strong community connections within and beyond our church; Advocating and working together for Gospel-based justice; and Caring for creation and for each other.

7:45am at St Peter's you will be greeted with this news Sheet. A green prayerbook is found in the pews (p.119).

8:45am at St Martin's you will be greeted with a news sheet, prayerbook (p.119) and hymnbook to use.

10am at St Peter's you will be greeted with a news sheet and the service can be followed on the powerpoint screen.

Feel free to **sit anywhere** - there are no specially reserved seats.

Toilets are located, at St Peter's, along the passageway, under the projector screen.

At St Martin's, they are in the annex adjacent the worship space.

Please join in with all aspects of worship as you feel comfortable. Be assured that visitors are **warmly welcome to receive communion** with us.

We love to meet new people so you are **very welcome to stay for a cuppa** after the service, but don't feel bad if you need to get away - there's always next time.

We hope you find inspiration and blessing in your time spent here.



HOW TO DONATE TO OUR PARISH MINISTRY

Regular Planned Giving can be directed to Parish of Glenelg (AFSA) BSB 705-077 Account Number 00041211 (please use your surname and initial e.g. SMITHJ PGP).

One off/occasional donations, that are separate to regular PGP, can be made to Anglican Parish of Glenelg BSB 705-077 Account No.00000033

Heritage Conservation Fund (tax deductible): Ensure the donation is designated for *The Anglican Parish of St Peters Glenelg*. <https://www.nationaltrust.org.au/donate-sa>

THE ANGLICAN PARISH OF GLENELG

ST. PETER'S CHURCH, 1Torrens Square, Glenelg & ST. MARTIN'S CHURCH, 45 Hastings St, Glenelg South

THE VEN. ANDREW MINTERN PARISH PRIEST

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REV. TRACEY GRACEY ASSOCIATE PRIEST & SPW CHAPLAIN

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0417 899 603

REV. DR. MARGARET ANNELLS ASSOCIATE PRIEST

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0488 921 905

JADE BLACK PARISH ADMINISTRATION OFFICER

PARISH OFFICE & COMMUNITY CENTRE

1 Torrens Square, Glenelg SA 5045

PO Box 616, Glenelg SA 5045

Telephone: (08) 8295 2382

Email: Parish.Office@glenelganglican.org.au

OFFICE OPENING HOURS

9.30am – 2.30pm Tuesday to Friday

SCHOOL AFFILIATION

ST PETER'S WOODLANDS GRAMMAR SCHOOL

39 Partridge Street, Glenelg SA 5045



The Anglican Parish of Glenelg acknowledges that we are meeting on the traditional country of the Kurna people of the Adelaide Plains. We recognise and respect their cultural heritage, beliefs and relationship with the land. We acknowledge that they are of continuing importance to the Kurna people living today.

www.glenelganglican.org.au